

Week 4 - Getting Past Your Personal Failures

GETTING
PAST
YOUR
PAST

LifeGroup Discussion Guide

How to use This Guide:

Talking through the message during the week helps you and your group turn what God is saying to you into action steps. Begin with the discussion questions, add any optional scriptures and questions if needed, and then wrap up by deciding on your next steps.

Discussion Questions:

- Describe a time when you lost a competition or a contest. What did you learn from your failure?

With your Bible or YouVersion, read 1 John 1:9 and Jeremiah 31:34.

- These verses tell us that our sins are never too big for God's grace.
- What are some of the lessons you've learned from your past failures?
- In what ways are the personal failures of your past still impacting you today?
- Why is it so difficult for us to forgive ourselves even after God has forgiven us of all our sins?

Read 2 Corinthians 5:17. This verse explains that our identity is not based upon what we have done, but rather whom God says we are.

- Failure is an event - never a person. What does that statement mean to you and how can you draw strength from it?
- What are some of the lies you have believed about yourself as a result of your past failures?

Read Philippians 3:12-15.

This passage encourages us to realize that while we can't change our past, God can change our future.

- Describe a past failure that you have fully overcome. How did you successfully overcome it?
- What does God's grace and forgiveness mean to you? How has it changed you and helped you overcome your failures?
- **What was your biggest take-away from the weekend message?**
- **What did God say to you today through His Word? And what are you going to do about it!**

Next Steps

Because overcoming the pain of personal failures can be a difficult process for most people, take the first step of spending additional time with God in prayer. Expand your prayer time with God over the next week and pray specifically that He will deliver you from the pain and bondage caused by your past failures. Allow Him to renew your mind as you pray.

One of the central themes found in the Bible is overcoming past failures. There are many great examples in God's Word of people who overcame their mistakes and embraced God's future, as well as verses that show us how to overcome our past failures. As you work towards overcoming your past failures, read the following verses this week and allow them to renew your mind: Hebrews 4:14- 16, Jude 1:24-25, Psalm 73:26, Philippians 3:12-15, Joshua 7:1-15, Psalm 37:8 and Romans 8:37.

5 Day Devotional

1. Confess to God those sins that you have not asked forgiveness for. Ask Him to forgive you and cleanse you from the stain of sin.
2. Tell God your past failures that you continue to struggle with. Ask Him to help deliver you from these feelings.
3. Ask God to help you forgive yourself of your past failures in the same way He has already forgiven you of all your sins.
4. Thank God for His forgiveness and grace in your life. Tell Him how it has changed you.
5. Ask God to help you stop focusing on your past mistakes and instead focus on the future God has planned for you.